**PLEASE WEAR A FACE COVERING WHEN COMING IN TO THE SURGERY, IF YOU ARE ABLE TO DO SO.**

****

**See** [**www.nidirect.gov.uk/face-coverings**](http://www.nidirect.gov.uk/face-coverings) **for the most recent advice.**

**A face covering should:**

**cover your nose and mouth,**

**fit comfortably but securely against the sides of the face,**

**be secured to the head with ties or ear loops,**

**be made of a material that you find comfortable and breathable,**

**ideally include at least two layers of fabric, (the WHO recommends three layers)**

**unless disposable, it should be able to be washed with other items of laundry.**